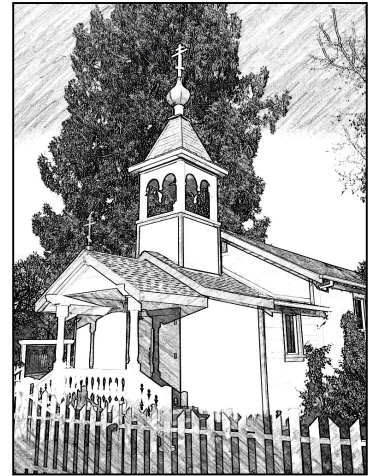


ANNOUNCEMENTS ~ August 25, 2025

St. Titus the Apostle



- TROPARION OF THE RESURRECTION, Tone Eight:
Thou didst descend from on high, O Merciful One; Thou didst accept the three-day burial to free us from our sufferings. O Lord, our Life and Resurrection, glory to Thee.
- TROPARION OF THE HOLY APOSTLE TITUS, Tone Five:
From heaven didst thou receive thy call to learn the knowledge of things divine, and of the Master's coming to the world in the flesh. And as an eye-witness of His many divine deeds, thou wast filled with the light of grace. Wherefore, thou wast a companion of Paul and a preacher of the faith, and thou didst enlighten Crete with the word of true piety, O blessed Apostle Titus.
- KONTAKION OF THE RESURRECTION, Tone Eight:
By raising from the tomb, Thou didst raise the dead and resurrect Adam; Eve exults in Thy resurrection; and the world celebrates Thy rising from the dead, O Greatly Merciful One.
- Friday, August 23: No Confessions
- Saturday, August 24: 5 PM, Great Vespers/Confessions
- Sunday, August 25: 9:30 AM, Chrismation of Bob Peterson
10 AM, Divine Liturgy
Noon, Agape Meal
- Wed., August 28: 4 PM, Diaper Bank
6 PM, Great Vespers for the *Feast of the Beheading of St. John the Baptist*
- Thursday, August 29: 9 AM, Divine Liturgy, Protection Church
- Friday, August 30: 11:30 AM–1 PM, Confessions
- Sat., August 31: 5 PM, Great Vespers/Confessions

EVENTS AND NOTES

We welcome our guests and visitors, and trust that you will have a good experience at the Divine Services—please speak with one of our priests if you have any questions. Holy Communion is reserved for Orthodox Christians who have prepared themselves by prayer (Pre-Communion Prayers), fasting and a recent Confession (at least within a month's time). With the fear of God, with faith and with love, draw near.

We welcome Protodeacon Ephraim and Diakonissa Mary Rivers, visiting us from Alabama.

Please pray for the Catechumens that are preparing for Holy Illumination on September 8: Corey Lee, and Jaimie Rooney and her children Silas, Elliot, Ace...*make them worthy in due season of the washing of regeneration, the forgiveness of sins, and the robe of incorruption. Unite them to thy holy, catholic, and Apostolic Church, and number them with thy elect flock, that with us they may glorify thine all honorable and majestic Name...*

Congratulations to James Greene and Alandrea Martin on their engagement. All are invited to their wedding here on Sunday, November 10 at 3 PM.

Church School and Mentorship begins on Sunday, September 8. Last year, all our youth were invited to be part of the newly-established Mentorship Program. This year, we will offer two tracks: Church School for K-6th Grade and Mentoring for 7th–12th.

Church School classes will be held immediately after the Divine Liturgy. Our teachers this year are Anastasia Brodeur (K–3rd), Joseph Anderson (4th–6th), with Carmen Anderson and Linda McKee helping out as backups/assistants. For questions regarding Church School, please speak with Vicky Basch, who will be the coordinator.

Mentors and Mentees will meet twice a month, on their own jointly agreed schedule, some on Sunday and some on other days. For questions regarding Mentorship, please speak with Timothy Danford.

The Feast of the Beheading of St. John the Baptist, the greatest of those born of women, says Jesus our Lord, is commemorated each year on **August 29**. It's understandable, considering the circumstances of the event, that August 29 is a strict Fast Day, i.e. we don't eat until mid-afternoon, and we abstain from meat and dairy. We will have Vespers on Wednesday, August 28 and the Divine Liturgy on the Feast at 9 AM. Below is a brief meditation about the day:

But Herod the tetrarch, being rebuked by him concerning Herodias, his brother Philip's wife, and for all the evils which Herod had done, also added this, above all, that he shut John up in prison. —Luke 3:19,20.

St. Theophan points to Herod as an “Image of self love.” I am an expert in this particular passion myself. I have the *Self-love Merit Badge*. It's really big. So I thought maybe I should pay a bit of attention to this. St. John the Baptist, says the Saint, is an image of external truth persecuted by self-love. “No matter how one softens the truth with all the condescension and turns of speech that tender-love can invent, not desiring to injure or wound another's heart, the face of truth will nevertheless appear before the eyes of the conscience, and stir up a tempest of denunciation within. Selfishness is nearsighted and cannot see that the denunciation is not coming from without but from within (conscience) and it rises up with all its strength against its external accuser. By blocking his lips, this selfishness hopes to silence the inner voice (of his own conscience) as well. It does not succeed, however, because it does not direct its concern in the right direction.” Bingo! That's me. What to do? St. Theophan goes on to give the answer. “One must appease the conscience. Then, no matter how many external accusers there are, they will not disturb inner peace, but will, on the contrary, only deepen it, compelling one to gather calming convictions within: faith in the crucified Lord, sincerity of repentance and confession, and firmness in the resolution to do nothing against one's conscience. One must look in this direction, and not keep putting all Johns in prison; for the word of God's truth walks everywhere upon the earth, and each one is an accusing John to you.” I cannot fix my self-will with my self-will. The gift that God has given me, the gift of His Spirit in my heart, is trying to teach me a better way. Today. —*Fr. Philip McCaffrey*

Last week's announcements included a word of thanks to all for the loving care that our parishioners offer to the Lord for the upbuilding of the Holy Church. I asked you to recall that, at the Divine Liturgy, we pray for the benefactors and founders of *this Holy House* and that we have the hope that we also will be remembered in that prayer after we depart this life. What would it mean for you to be a benefactor? By their imitation of Christ our God—for He is always generous and giving, the people who went before us made possible the Saint Seraphim Cathedral we have today. Just as we want to endow our children, I would ask that you prayerfully consider leaving something to the Church so that the community we love will continue to grow and nurture its next generation. The amount you give, anonymously, can be anything. The impact you make as a legacy giver, *a benefactor of this Holy House*, is priceless.—*Fr Lawrence*

PROTECTION OF THE HOLY VIRGIN MARY ORTHODOX CHURCH

SEPTEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 - Church New Year <ul style="list-style-type: none"> • 9 AM, Baptism • 10 AM, Divine Liturgy and Prayers for the New Year • Agape Meal 	2	3	4	5	6	7
8 - Nativity of the Theotokos <ul style="list-style-type: none"> • 9 AM, Baptisms • 10 AM, Divine Liturgy • Church School and Mentorship begins • <i>Noon, Agape Meal and Reception for the Newly-Illumined</i> 	9	10	11	12	13	14 - Holy Cross / Fast Day
15 - Great Martyr Nikita <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Church School and Mentorship* • Noon, POTLUCK Agape 	16	17	18	19	20	21
22 - Blessed Paraskeva <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Church School • Noon, Agape Meal 	23	24	25	26	27	28
29 - St Kyriakos <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Church School • Noon, Agape Meal 	30	OCTOBER 1 9:30 AM, Divine Liturgy for the Feast of the Protection	2	3	4	5
<ul style="list-style-type: none"> • 6 PM, Vigil for the Protection of the Theotokos 		Festive Lunch	<ul style="list-style-type: none"> • 5:30 PM, Akathist • 6 PM, Vespers 	<ul style="list-style-type: none"> • 7 PM, Online Bible Study with Fr James 	<ul style="list-style-type: none"> • 11:30 AM-1 PM, Confessions 	<ul style="list-style-type: none"> • 5 PM, Great Vespers/ Confessions

* **Mentors and Mentees** will meet twice monthly: **Church School, for K-6th**, will meet weekly

• From September 15 to 28, Marushka Ann and Fr Lawrence will be away on a pilgrimage to the ancient Christian places in Turkey.

PROTECTION OF THE HOLY VIRGIN MARY ORTHODOX CHURCH

OCTOBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 - St Kyriakos <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Church School • Noon, Agape Meal 	30 <ul style="list-style-type: none"> • 6 PM, Vigil for the Protection of the Theotokos 	OCTOBER 1 9:30 AM, Divine Liturgy for the Feast of the Protection Festive Lunch	2 <ul style="list-style-type: none"> • 5:30 PM, Akathist to Blessed Olga of Alaska • 6 PM, Vespers 	3 <ul style="list-style-type: none"> • 7 PM, Online Bible Study with Fr James 	4 <ul style="list-style-type: none"> • 11:30 AM-1 PM, Confessions 	5 <ul style="list-style-type: none"> • 3:30 PM, Talk on <i>What is a Catechumen?</i> • 5 PM, Great Vespers / Confessions
6 - St. Innocent of Alaska <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Church School • Noon, POTLUCK Agape 	7	8 <div style="border: 1px solid black; padding: 5px; text-align: center;">Fr Lawrence in Wash, DC for Metropolitan Council Meeting</div>	9 <ul style="list-style-type: none"> • 5:30 PM, Akathist to Matushka Olga • 6 PM, Vespers 	10 <ul style="list-style-type: none"> • 7 PM, Online Bible Study with Fr James 	11 <ul style="list-style-type: none"> <i>No Confessions</i> 	12 <ul style="list-style-type: none"> • 3:30 PM, Catechism On <i>the True God</i> • 5 PM, Great Vespers / Confessions
13 - Holy Fathers/7th Council <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Church School • Noon, Agape Meal 	14 <div style="border: 1px solid black; padding: 5px; text-align: center;">Fr Lawrence and Delegates at Diocesan Assembly in Portland</div>	15	16 <ul style="list-style-type: none"> • 5:30 PM, Akathist to Matushka Olga • 6 PM, Vespers 	17 <ul style="list-style-type: none"> • 7 PM, Online Bible Study with Fr James 	18 <ul style="list-style-type: none"> <i>No Confessions</i> 	19 <ul style="list-style-type: none"> • 3:30 PM, Catechism On <i>the Human Being</i> • 5 PM, Great Vespers / Confessions
20 - Great Martyr Artemios <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Church School • Noon, Agape Meal 	21	22	23 <ul style="list-style-type: none"> • 5:30 PM, Akathist to Matushka Olga • 6 PM, Vespers • 6:30 PM, Parish Council Meeting 	24 <ul style="list-style-type: none"> • <i>Participants depart in the afternoon for a Retreat at the Monastery of St. John, Manton</i> • 7 PM, Online Bible Study with Fr James 	25 <ul style="list-style-type: none"> • 11:30 AM-1 PM, Confessions • 6 PM, Great Vespers • Feast of St. Demetrius 	26 - Great Martyr Demetrius <ul style="list-style-type: none"> • 9 AM, Divine Liturgy • 3:30 PM, Catechism On <i>Sin</i> • 5 PM, Great Vespers / Confessions • 8 PM, <i>Green Min Singers</i>
27 - Martyr Nestor <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Church School • Noon, Agape Meal • 3 PM, <i>Green Min Singers</i> 	28	29	30 <ul style="list-style-type: none"> • 4 PM, Diaper Bank • 5:30 PM, Akathist to Matushka Olga • 6 PM, Vespers 	31 <ul style="list-style-type: none"> • 7 PM, Online Bible Study with Fr James 	NOVEMBER 1 <ul style="list-style-type: none"> • 11:30 AM-1 PM, Confessions 	2 <ul style="list-style-type: none"> • 3:30 PM, Catechism On <i>Jesus the Son of God</i> • 5 PM, Great Vespers / Confessions