

ANNOUNCEMENTS ~ November 5, 2023

Holy Unmercenary Healers and Physicians

TROPARION OF THE RESURRECTION, Tone Five:

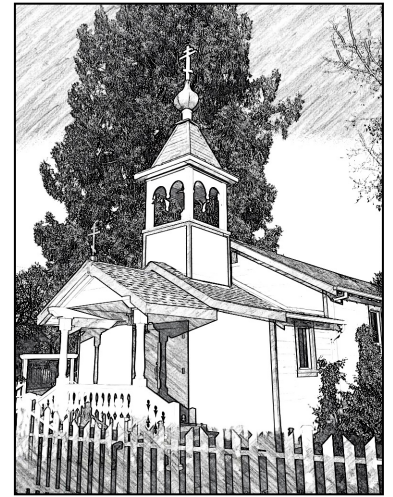
Let us the faithful praise and worship the Word, co-eternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death and to raise the dead, by His glorious Resurrection.

• TROPARION OF THE UNMERCENARIES, Tone Eight:

O holy Unmercenaries and wonderworkers, visit our infirmities; freely ye received, freely give unto us.

• KONTAKION OF THE UNMERCENARIES, Tone Two:

Having received the grace of healing, ye extend health to those in need, O glorious and wonderworking physicians. Hence, by your visitation, cast down the audacity of our enemies, and by your miracles, heal the world.



ACTIVITIES & EVENTS THIS WEEK

- Saturday, Nov. 4: 3:30 PM, Catechism: *On Jesus the Son of God*
5 PM, Great Vespers/Confessions
- Sunday, Nov. 5: 9:40 AM, Third and Sixth Hours
10 AM, Divine Liturgy & Agape Meal
12:30 PM, Spiritual Lesson (Protection Church)
- Tuesday, Nov. 7: **6 PM, Great Vespers for the Feast of the Holy Angels and Archangels**
- Wednesday, Nov. 8: 5:30 PM, Akathist to Matushka Olga
6 PM, Vespers
- Thursday, Nov. 9: 10 AM, Akathist to St. Nectarios
7 PM, On-line Bible Study with Fr. James
- Friday, Nov. 10: 11:30 AM–1 PM, Confessions
- Saturday, Nov. 11: 3:30 PM, Catechism: *On Jesus Christ the Savior of the World*
4:40 PM, Litya, Anniversary of the repose of Archpriest Michael Margitich
5 PM, Great Vespers / Confessions

The November Menaion (hymn book for the month) indicates that the first Sunday of the month is dedicated to the Holy Unmercenary Healers—those saints, most of them martyrs—who were physicians and healers continuing the signs and miracles of the Lord Jesus Christ. [See this link](#) for a delightful children's workbook about these healers. Jean Claude Larchet writes: "This concern of Christ's, and then of his apostles,

for the sick and infirm was surprising at a time when the dominant philosophies and religions tended rather to be concerned with those in good health, attaching importance to the salvation of the soul alone. Christ, however, expressing God's love for mankind, shows that he has come to save man as a whole, both soul and body, and not only in this life, in which he invites us to experience in both body and soul the first fruits of the divine blessings, but also after death in the next world where, after raising our body and making it incorruptible, He intends us to enjoy these blessings in all their fullness with our whole being. In other words, with our whole spirit, our whole soul, and our whole body for all eternity."

The Feast of the Angels and Archangels is November 8 each year. We will celebrate Great Vespers here at 6 PM (inadvertently left off of the monthly calendar). The faithful of **St Michael in**

Concord (Fr. Peter Fermiglia is the rector there) will celebrate their Altar Feast with Divine Liturgy at 10 AM. All are invited to join with the visiting clergy at the Liturgy and at a festive lunch to follow.

Feast of St. Andrew—Nov. 29/30: The November calendar is now updated with the addition of Great Vespers for the Holy Apostle Andrew on Wednesday, Nov. 29 at 6 PM and the Divine Liturgy on Thursday, Nov. 30 at 9 AM. That day is also the anniversary of the repose of Konstantin Sakovich, so we will have a Litya for him at the conclusion of the Liturgy.

Journey to Christmas: We begin with the Forty Day Fast on November 15. We abstain from meat, dairy, eggs, and on most days, wine and oil as well. It might be good to add social media to that list. Plan ahead.

Holy Trinity Cathedral in SF has will host the annual Advent Retreat on Saturday, December 2. Please mark your calendars! The retreat master this year is Fr. Andrew Morbey, Dean of St. Mary's Cathedral in Minneapolis, Minnesota (and former Rector of our parish in Santa Rosa). Father's topic is *Why Institutional Church, Anyway?* He will share insights from St. Theoleptos of Philadelphia, a teacher of St. Gregory Palamas, on why we should be in the Church and *in* Church. The day begins at 10:30 AM and Vigil that Saturday will be at 4 PM. Register at holy-trinity.org/events

Monthly Confession: It is an incalculable blessing to receive Holy Communion regularly—each Sunday. Let us also make confession at least once a month as part of our preparation. When to schedule a confession?

- Fridays from 11:30 AM–1 PM, no appointment necessary
- On Saturdays, just before, during and after Vespers
- Anytime or day (Other than Sundays and Mondays), simply call, email or text

The Senior Lunch Fellowship ~ Tuesday November 14 at Noon, the day before the Nativity Fast begins: Enjoy a delicious lunch prepared by Matushka Esther Carr, plus a 30-minute visual presentation by Catherine Ostling entitled *Symbols in Christian Art*. This presentation will focus on symbols found in the icons of our own St. Seraphim Cathedral, and will offer comparisons with similar imagery in the traditions of western art.

Some adjustments: On *Mentorship Sundays*, please allow the mentees (children) and mentors to venerate the Cross first. This will allow them to get to the Hall and eat lunch before their mentorship sessions. The youngest

M.O.M. DIAPER BANK

The parish diaper bank, named after Matushka Olga Michael—*M.O.M. Outreach*—and asking for her prayers —will take place on **Saturday, December 3** at 3 PM (rather than on the last Wednesday). Call Catie DeCarlo at (707) 703-9516 for information on how the distribution will take place.

group (Anastasia Brodeur—ages 7-9) will immediately have their discussion in the church school rooms. The other mentors and mentees will go to their respective locations after eating lunch. Parents, we can use your help with reminding students of the new plan. Thank you!

Archpastoral Message of His Beatitude, Metropolitan Tikhon for Steward Sunday, November 5, 2023. To the Clergy, Monastics, and Faithful of the Orthodox Church in America. My Beloved Children in the Lord: Soon we will enter into the season of the Nativity Fast. Once, two millennia ago, the Three Wise Men, Caspar, Balthazar, and Melchior made ready to journey from their eastern homeland to meet the newborn King of



Angels, bearing their treasures with them. Today, as we approach this holy season, it is likewise fitting that we prepare to meet our infant Lord and Savior, the God-man born as a little child, with gifts of our own. What gifts shall we bring? Our fast? But our fast is for our sake, not God's. Our prayer and worship? Yes, above all—but not only. The Child who will be born comes to bring us heavenly blessings, but he nevertheless needs our earthly care. Just as he once relied on his Mother for warmth and nourishment and on Joseph for protection and support, so his Church now relies on our good will in order to maintain its operations in this world. On this [Steward Sunday 2023](#), I ask all of our parishes and institutions to make a special collection on behalf of the Stewards of the Orthodox Church in America. Through

its offices, the Orthodox Church in America works behind the scenes to support your local communities in preaching and living out the Gospel. Whether it is the local and national clergy Synaxes organized by the *Office of Pastoral Life*, or the free liturgical texts, rubrics, and musical downloads provided by the Department of Liturgical Music, the central Church is doing crucial work to equip the entire Body of Christ for worship, ministry, and witness. I ask all our clergy and faithful to consider supporting this humble and selfless labor which the dedicated servants of the Orthodox Church in America carry out on behalf of our parishes throughout North America. This is an excellent opportunity to make a special gift in honor of the little Child who is the Benefactor of all, the Giver of our being, our life, our renewal, and, one day, our resurrection. To him be all the glory. With the blessings of the coming fast, I remain sincerely yours in Christ, +TIKHON, Archbishop of Washington, Metropolitan of All America and Canada. [Please scan the QR code to make an offering]

Thanksgiving Dinner, 5 PM, Parish Hall Thursday, November 24th

The Divine Liturgy will be served on Thanksgiving Day, 9:30 AM, in St. Seraphim Cathedral. Every Liturgy is an offering of thanksgiving to God in Christ—we celebrate the *Eucharist*—a Greek word which means “thanksgiving.” That day will also be the post-feast of the *Entrance of the Theotokos into the Temple*, and the commemoration of the Great Martyr Catherine (a day early). So that our fellowship and celebration may continue, there will be a Thanksgiving Day Dinner in our lovely parish hall at 5 PM. It's a joy to celebrate this holiday together, and all are invited. Contact Fr. Lawrence or John Gilluly to let us know if you plan to attend so that we can prepare.



PROTECTION OF THE HOLY VIRGIN MARY ORTHODOX CHURCH **UPDATED** NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 29 <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Noon, Agape Meal • 12:20, Mentorship 	30	31	NOVEMBER 1 <ul style="list-style-type: none"> • 5:30 PM, Akathist to Matushka Olga • 6 PM, Vespers 	2 <ul style="list-style-type: none"> • 5 PM, <i>Angels Unawares</i> Guests arrive • 7 PM, Online Bible Study with Fr James 	3 <ul style="list-style-type: none"> • 11:30 AM–1 PM, Confessions 	4 <ul style="list-style-type: none"> • 3:30 PM, Catechism: <i>Jesus the Son of God</i> • 5 PM, Great Vespers/ Confessions
5 – Unmercenary Healers <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Noon, Agape Meal • 12:30 PM, Spiritual Lesson, Protection Church 	6	7 <ul style="list-style-type: none"> • 6 PM, Vespers for the Holy Archangels 	8 – Holy Archangels <ul style="list-style-type: none"> • 10 AM, <i>Liturgy at St. Michael's in Concord</i> • 5:30 PM, Akathist to Matushka Olga • 6 PM, Vespers 	9 <ul style="list-style-type: none"> • 10 AM, Akathist to St. Nectarios • 7 PM, Online Bible Study with Fr. James 	10 <ul style="list-style-type: none"> • 11:30 AM–1 PM, Confessions 	11 <ul style="list-style-type: none"> • 3:30 PM, Catechism: <i>Jesus the Savior of the world</i> • 4:40 PM, Lity for the repose of Fr Michael • 5 PM, Great Vespers/ Confessions
12 – St. John the Merciful <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Noon, Agape Meal • 12:20, Mentorship • 2:30 PM, Lity for the repose of Alan Duquette 	13 – St. John Chrysost. <ul style="list-style-type: none"> • 9AM, Divine Liturgy for the Feast of St. John Chrysostom (Protection Church) 	14 <ul style="list-style-type: none"> • Noon, Senior Lunch Fellowship 	15 – Nativity Fast Begins <ul style="list-style-type: none"> • 5:30 PM, Akathist to Matushka Olga • 6 PM, Vespers 	16 <ul style="list-style-type: none"> • 7 PM, Online Bible Study with Fr. James 	17 <ul style="list-style-type: none"> • 11:30 AM–1 PM, Confessions 	18 <ul style="list-style-type: none"> • 3:30 PM, Catechism: <i>Repentance and Faith</i> • 5 PM, Great Vespers/ Confessions
19 – Prophet Obadiah <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Noon, Agape Meal • 12:30 PM, Spiritual Lesson, Protection Church 	20 <ul style="list-style-type: none"> • 6 PM, Vigil for the Entrance of the Theotokos 	21 – Theotokos Feast <ul style="list-style-type: none"> • 9 AM, Divine Liturgy for the <i>Feast of the Entrance of the Theotokos</i> (in Protection Church) • 6 PM, Parish Council 	22 <ul style="list-style-type: none"> • 5:30 PM, Akathist to Matushka Olga • 6 PM, Vespers 	23 – Thanksgiving Day <ul style="list-style-type: none"> • 9:30 AM, Divine Liturgy with Akathist • 5 PM, Thanksgiving Dinner, Parish Hall 	24 <i>No Confessions</i>	25 <ul style="list-style-type: none"> • 3:30 PM, Catechism: <i>On Repentance and Faith</i> • 5 PM, Great Vespers/ Confessions
26 – St. Innocent of Irkutsk <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • Noon, Agape Meal 	27	28	29 <ul style="list-style-type: none"> • 5:30 PM, Akathist to Matushka Olga • 6 PM, Great Vespers for the Feast of St. Andrew 	30 – St. Andrew <ul style="list-style-type: none"> • 9 AM, Divine Liturgy and Litya • 7 PM, Online Bible Study with Fr. James • 8 PM, Concert here 	December 1 <ul style="list-style-type: none"> • 11:30 AM–1 PM, Confessions • 8 PM, Concert here 	2 <ul style="list-style-type: none"> • 10 AM, Advent Retreat at Holy Trinity, SF • 3–5 PM, Diaper Bank • 5 PM, Great Vespers/ Confessions