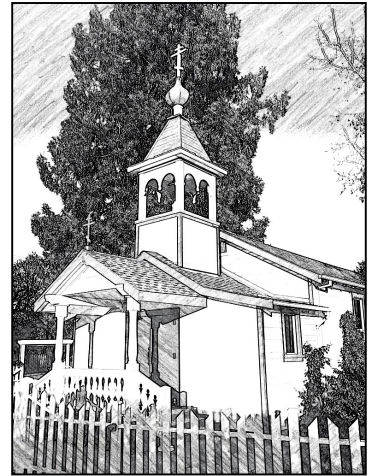


ANNOUNCEMENTS – October 30, 2022

Martyrs Zenobius and Zenobia



- TROPARION OF THE RESURRECTION, Tone Three:

Let the heavens rejoice, let the earth be glad; for the Lord hath shown strength with His arm; He hath trampled down death by death; He hath become the first-born of the dead. He hath delivered us from the depths of hades, and hath granted the world great mercy.

- TROPARION OF THE HOLY MARTYRS, TONE FOUR:

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful.

- KONTAKION OF THE RESURRECTION, Tone Three:

On this day Thou didst rise from the tomb, O Merciful One, leading us from the gates of death. On this day Adam exults as Eve rejoices; with the prophets and patriarchs they unceasingly praise the divine majesty of Thy power.

- KONTAKION OF THE HOLY MARTYRS, Tone Eight:

Let us honor with inspired hymns the two martyrs for truth: the preachers of true devotion, Zenobius and Zenobia; as brother and sister they lived and suffered together and through martyrdom received their incorruptible crowns.

ACTIVITIES & EVENTS THIS WEEK

- Saturday, Oct. 29: 3:30 PM, Catechism, *On Sin*
5 PM, Great Vespers/Confessions
- Sunday, Oct. 30: 9:30 AM, Divine Liturgy
11:30 AM, Church School
Noon, Agape Meal
12:30 PM, Men's Fellowship Organizational Meeting
4 PM, Fresco Presentation with Fr. Patrick and Fr. Moses
- Wednesday, Nov. 2: **5:30 PM, 40th Day Memorial** for John Panages and Monk Maximos (Rossi)
6 PM, Vespers
- Thursday, Nov. 3: 6 PM, Angels Unawares—welcoming our guests
6 PM, *Supplicatory Canon to the Theotokos*, Protection Church
7 PM, Bible Study with Fr James
- Friday, Nov. 4: 11:30 AM–1 PM, Confessions (in St. Seraphim)

HEADLINE EVENTS

- ☑ Oct. 30, 12:30 PM: **Parish Men's Fellowship.** The men of the parish—of all ages—are invited to attend a brief organizational meeting **Sunday, Oct. 30**, about 12:30 PM (we will probably gather at a picnic table outside). Our goal will be to discuss some of the service, fellowship and pilgrimage activities we might do in the next six months. Our goal, at the minimum, will be to gather monthly for a dinner together in the Parish Hall, and to have a moderated discussion at that gathering on theological, spiritual and cultural matters. We will also plan on having occasional pilgrimages to visit holy places in the area. Please speak with Ole Kern or Daniel DeCarlo if you have any questions.
- ☑ Oct. 30, 4 PM: **Fresco Talk.** Hear a presentation by Fathers Patrick and Moses on the paintings just completed, with a word on beauty, as expressed in icons and church art in general.
- ☑ Nov. 3, 6 PM: **Angels Unawares/Homeless Outreach.** Michael Dovey invites those who would like to minister to our guests, about ten to twenty people, at the *Angels Unawares* on the first Thursday of the month (except for Dec. 2). We serve dinner, sometimes have a brief look at the Church and a prayer, and offer the Parish Hall for sleeping. The Redwood Gospel Mission provides bed-bug-free mats for sleeping. The group has a simple breakfast, tidies up and is out the door by 6:30 AM. Call Michael if you would like to help out—(707) 799-4117.
- ☑ Nov. 4, 6:30 PM: **Square Dance.** Our sister parish of St. Nicholas in San Anselmo will be hosting a *Square Dance* on Friday, November 4th—outside in the courtyard, weather permitting. Join them for a night of fun and fellowship! Come at the start to become familiar with the basics. It's easy to catch on, don't be shy! The event is free. Children are welcome. Please bring a vegetarian snack or beverage to share. "Western attire" is encouraged! Invite your friends. Be there or be square! See more [HERE](#).
- ☑ Nov. 11, 11:30 AM: **Panikhida.** November 11 marks the fifth anniversary of the repose of the Ever-memorable Mitered Archpriest Michael Margitich. There will be a Panikhida at the Healdsburg Cemetery at 11:30 AM.
- ☑ Nov. 16, 7 PM: **Book Club.** For November the Book Club will be reading and discussing *Lost in the Cosmos* by Walker Percy.
- ☑ Nov. 21, 9:30 AM: **Feast Day and Ordination.** With thanks to Almighty God, His Eminence Archbishop Benjamin will preside at the Festal Divine Liturgy for the *Feast of the Entrance of the Theotokos*, November 21. The Hierarchical Divine Liturgy will begin at 9:30 AM sharp. His Eminence will ordain Josef Candelario to the Holy Diaconate during the Liturgy. A festal meal will follow. Please keep Josef and Effie in your fervent prayers, as they prepare for the momentous event of ordination. In January they will leave us to attend St. Vladimir's Seminary for two semesters. We are sad to see them leave, thank them for all they have done here, and wish them all of God's blessings.

• RENOVATION

Many thanks to Anderson Fine Woodworking for renovating the sacristy in the Protection Church. I invite you to take a look at the beautiful cabinets which were installed. —Fr Lawrence

• BIBLE STUDY:

Fr James continues a weekly Bible Study each Thursday evening at 7 PM, via Zoom. There will be no session on Thanksgiving Day.

• FOOD BANK:

The Redwood Empire Food Bank is relocating distribution to *St. Elizabeth Seton Roman Catholic Church* and will no longer be working from our church lot. St. Elizabeth is on 4595 Snyder Lane in Rohnert Park. They will be distributing food every Wednesday at this location. We are invited to help out there.

• AVOIDING JUDGMENT:

When you accuse someone of being judgmental, ***you're doing the same thing***. Practice at all times compassion for those you disagree with. Try to understand their reasoning, which is different from yours. Perhaps they have had life experiences that you have not had. Never distort what they are saying in order to make it sound more outrageous. That's a form of lying. Deal with what they are actually saying, not a parody of it. With a contentious issue, the goal is to persuade those on the other side. Judging and denouncing does not persuade. No one was ever humiliated into changing their opinion. We live in a paradoxical time when condemning and judging is severely condemned and judged. It seems like an effective way to stay on the right side of correct opinion is to identify people saying the wrong things, and denounce them. This is not love. For your own sake, compel yourself to love your opponents (they are not your enemies; we have only one Enemy). Compel yourself to love, for your soul's sake.—*Frederica M-G*

THE SEASON OF ADVENT

❖ FASTING ❖

On November 15 we begin the forty day fasting season of Advent to prepare for Christmas Day. We abstain from meat, dairy, eggs, and on most days wine and olive oil as well. Abstain from social media.

❖ ALMS/CHARITY ❖

For the past decade, our Parish has been gifting backpacks with personal care items, gift cards *etc.* to the **Nightingale Ward** in Santa Rosa. The Ward is a place where the homeless can recover after being discharged from the hospital until they are capable of caring for themselves. With the opening of *Caritas Village* by Catholic Charities the number of beds have increased from 14 to 38. Anyone interested in helping and/or funding this ministry can contact: *Denise Anna Pellizzer, 707-364-6445*

Our Lord was born in humble circumstances to an Unwedded Bride. As we journey to meet Him as a newborn Child, let's also meet the needs of mothers and children here in Sonoma County. St. Seraphim is organizing a **Diaper Bank** to serve local families, and we want to be well-stocked when we begin operation in the New Year. Please bring packages of diapers and wipes, and/or bottles of infant formula, to the hall during the Nativity Fast (November 15-December 24). There will be a shelf for you offerings. If you are interested in serving families by volunteering with the diaper bank program, please contact Catie DeCarlo. Additionally, help sorting donations, financial help, and especially bilingual volunteers to assist on distribution days are eagerly welcomed. May the Lord reward you for your generosity! —*Catie DeCarlo, (707) 703-9516*

❖ PRAYER ❖

The 40-day fast before Christmas, beginning Nov. 15, is a time for increased prayer—we might add an Akathist to our morning or evening (or midday!) prayer rule at home, or perhaps chant some Psalms. We can also begin this holy season together in church with the singing of the *Supplicatory Canon for Advent* at 6 PM, Nov. 15.

PROTECTION OF THE HOLY VIRGIN MARY ORTHODOX CHURCH

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 30 <ul style="list-style-type: none"> • 9:30 AM, Divine Liturgy • 11:15 AM, Church School • 11:45 AM, Agape Meal • 12:15 PM, Men's Fellowship Mtg (porch) 	31	NOVEMBER 1	2 <ul style="list-style-type: none"> • 5:30 PM, 40th Day for John Panages and Monk Maximos • 6 PM, Vespers 	3 <ul style="list-style-type: none"> • 6 PM, <i>Angels Unnumbered</i> • 6 PM, Akathist to St. Seraphim of Sarov • 7 PM, Bible Study 	4 <ul style="list-style-type: none"> • 11:30 AM-1 PM, Confessions 	5 <ul style="list-style-type: none"> • <i>Parish Hall Rented today</i> • 3:30 Catechism, <i>On Sin</i> • 5 PM, Great Vespers and Confessions
6 - Unmercenary Healers <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • 11:30 AM, Church School • Noon, Agape Meal 	7 <ul style="list-style-type: none"> • 6 PM, Great Vespers with Litya, Feast of the Archangels 	8 - St. Michael/Angels <ul style="list-style-type: none"> • 9:30 AM, Divine Liturgy 	9 <ul style="list-style-type: none"> • 6 PM, Vespers 	10 <ul style="list-style-type: none"> • 6 PM, Akathist for the <i>Protection of the Virgin</i> • 7 PM, Bible Study 	11 <ul style="list-style-type: none"> • 11:30 AM, <i>Panikhida in Healdsburg, for the anniversary of repose of Fr Michael</i> 	12 <ul style="list-style-type: none"> • 2 PM, <i>Panikhida (Alan Duquette)</i> • 3:30 Catechism, <i>On Jesus the Son of God</i> • 5 PM, Great Vespers and Confessions
13 - St. John Chrysostom <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • 11:30 AM, Church School • <i>No Agape Meal</i> • 3 PM, Wedding of Raquel and John 	14	15 - Beginning of the Fast	16 <ul style="list-style-type: none"> • 6 PM, Vespers • 7 PM, Book Club, <i>Lost in the Cosmos</i> 	17 <ul style="list-style-type: none"> • 6 PM, Supplicatory Canon for Advent • 7 PM, Bible Study 	18 <ul style="list-style-type: none"> • 11:30 AM-1 PM, Confessions 	19 <ul style="list-style-type: none"> • 3:30 Catechism, <i>On Jesus the Savior of the world</i> • 5 PM, Great Vespers and Confessions
20 - Forefeast of the Entrance <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • 11:30 AM, Church School • Noon, Agape Meal • 5 PM, Vigil for the Feast of the <i>Entrance of the Theotokos in the Temple</i> 	21 - Entrance <ul style="list-style-type: none"> • 9:30 AM, Divine Liturgy for the Feast and ordination to the Diaconate of Josef Candelario 	22	23 <ul style="list-style-type: none"> • 6 PM, Great Vespers with Litya, Feast of St. Catherine 	24 - Thanksgiving Day <ul style="list-style-type: none"> • 9:30 AM, Divine Liturgy for <i>Thanksgiving Day and Feast of St. Catherine</i> 	25 <p style="text-align: center;">No Confessions</p>	26 <ul style="list-style-type: none"> • 3:30 Catechism, <i>On Repentance</i> • 5 PM, Great Vespers and Confessions
27 - Great Martyr James <ul style="list-style-type: none"> • 10 AM, Divine Liturgy • 11:30 AM, Church School • Noon, Agape Meal 	28	29	30 <ul style="list-style-type: none"> • 6 PM, Vespers 	DECEMBER 1 <ul style="list-style-type: none"> • 6 PM, Supplicatory Canon for Advent • 7 PM, Bible Study • 8 PM, <i>Cantiamo Concert in St Seraphim</i> 	2 <ul style="list-style-type: none"> • 11:30 AM-1 PM, Confessions 	3 <ul style="list-style-type: none"> • 3:30 Catechism, <i>On the Holy Spirit</i> • 5 PM, Great Vespers and Confessions

• PLEASE NOTE that the Sunday Divine Liturgy will return to a **10 AM start time on November 6th.**