

• NOT BLAMING OTHERS:

There is the case of a man minding his own business, sitting at peace and quiet; and when a brother comes up and says an annoying word to him, he is put out by it. And from the circumstances he thinks that he is justifiably angered, and he speaks against the one who troubled him, saying, 'If he had not come and spoken to me and annoyed me I should not have been at fault.' This is a delusion: this is false reasoning! It was not the one who spoke that put him in a bad mood. He only showed that it already existed in him; so that he could, if he chose, make reparation for his fault. But the man referred to above is like clean-looking winter wheat, externally good and ready to use; but when someone crushes it, its corruption is revealed. He was sitting at peace but he had this anger inside him and he did not know it. One word to him from the other and the corruption hidden inside him leapt out."

—*St. Dorotheos of Gaza*



**4:00PM • GLENDI Sunday • September 19th**  
**Bring your own beverages**  
**Everything else provided**  
**\$5 donation requested**  
**• Music by THE FAMILIAR STRANGERS •**  
**ALL WELCOME! RSVP: FR. LAWRENCE, 217-4556**

# ST. SERAPHIM CATHEDRAL

## PROTECTION OF THE HOLY VIRGIN ORTHODOX CHURCH



**September 19, 2021**

**Post-Feast of the Exaltation of the Cross**



• RESURRECTIONAL TROPARION, Tone Four:

When the women disciples of the Lord learned from the angel the joyous message of the Resurrection, they cast away the ancestral curse, and elatedly told the Apostles: death is overthrown, Christ God is risen, granting the world great mercy.

• TROPARION OF THE CROSS, Tone One:

O Lord, save Thy people, and bless Thine inheritance. Grant victories to the Orthodox Christians over their adversaries; and by virtue of Thy Cross, preserve Thy habitation.

• KONTAKION OF THE CROSS, Tone Four:

As Thou wast voluntarily raised upon the Cross for our sake, grant mercy to those who are called by Thy Name, O Christ God; make all Orthodox Christians glad by Thy power, granting them victories over their adversaries by bestowing on them the invincible trophy, Thy weapon of peace!

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## ACTIVITIES & EVENTS THIS WEEK

- Friday, Sept. 17: 11:30 AM–1 PM, Confessions
- Saturday, Sept. 18: 2:30 PM, Set up for Glendi BBQ  
5 PM, Vigil for the Resurrection / Confessions
- Sunday, Sept. 19: 9 AM, Baptism of Mark Stanley and receiving  
Evan Holloway as a Catechumen  
10 AM, Divine Liturgy  
11:45 AM, Church School  
**2–4 PM, Games for kids**  
**4–7 PM, Glendi BBQ**
- Wednesday, Sept. 22: 4 PM, Redwood Empire Food Bank  
5 PM, Vespers
- Thursday Sept. 23: 9 AM, Divine Liturgy, Feast of the Conception  
of St. John the Forerunner  
7 PM, Bible Study on the Psalms, via Zoom
- Friday, Sept. 24: 11:30 AM–1 PM, Confessions in the Protection  
Church

### • MANY YEARS:

We joyfully welcome Mark Stanley into the Holy Orthodox Church. His baptism will be at 9 AM on Sunday. Reader Andrew Mikrikov is his Godfather. Mark and Tatiana will be married here on Sunday, October 3, at 2 PM. We also have the great joy of welcoming Evan Holloway as a catechumen on Sunday at 9 AM. May the Lord send His blessings upon all of them.

### • CATECHISM:


Classes begin on Saturday, October 3, at 3:30 PM, in the Church. All are welcome to attend. Catechesis consists of eight classes, from October 3–to the beginning of December and then another eight beginning in February, culminating in baptisms on Lazarus Saturday. In addition to these sixteen classes, each Sunday there are also twenty-minute sessions with our catechists on topics such as the Prayer Book, the Feast Days of the Church, the history of the Parish, Icons, etc. These classes happen on Sunday mornings. When you hear the Deacon exclaim: “Catechumens, depart...” they indeed do depart to the Hall or Library for study with a teacher.

### • PARISH FEAST: PROTECTION OF THE VIRGIN, October 1:

On October 1 we celebrate our Parish Feast Day, *The Protection of the Holy Virgin*. Our parish is named for this Feast and so we celebrate the day with special solemnity and joy. Vigil will be served on Thursday, September 30, at 6:15 PM, and the Divine Liturgy at 9:30 AM, on Friday, October 1. These are extraordinary times, so in what extraordinary way will we observe this Parish Feast Day? Perhaps a special offering for the poor could be made from our parish to one of the charitable organizations we have in mind.

### • ANGELS UNAWARES:

The Redwood Gospel Mission (RGM) has been running a program called “Angels Unawares (formerly known as “Nomadic Shelter”) for about five years which offers shelter to homeless folks. The RGM works with thirty local churches, each of which takes a night, once a month, to provide dinner and a place to sleep for a dozen or perhaps two dozen. Each person is screened for drugs, alcohol (and bedbugs), and also given a rapid-test for covid before gathering at the RGB and going to a particular church for the night. Our Parish has been involved with the program for a number of years, thanks to the hard work and organization of Michael and Rachel Dovey, and the crew they assembly. On Thursday, September 16, our Parish Council agreed to partner one again with the RGB. Our parish will host a group on the first Thursday of the month, from October to March. Please speak with Michael if you have any questions.



# GLENDI

**Glendi Sunday**  
**September 19**  
2 – 7 PM

**WHAT:**  
2 – 7 PM: Games for kids, music, crafts  
4 PM: BBQ – \$5  
kids under 12 free

**QUESTIONS:**  
Speak with Deacon Justin or  
Diakonissa Amy