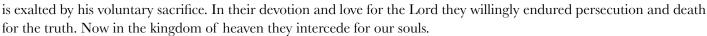
ANNOUNCEMENTS - September 24, 2017 Martyr Peter the Aleut & St. Sílouan of Mt Athos

• TROPARION OF THE RESURRECTION, Tone Seven:

By Thy Cross Thou didst destroy death; to the thief, Thou didst open Paradise. For the Myrrh-bearers, Thou didst change weeping into joy, and Thou didst command Thy Disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy.

• TROPARION OF THE ALASKAN SAINTS, Tone Four:

Today Alaska rejoices and America celebrates, for the New World has been sanctified by martyrdom. Kodiak echoes with songs of thanksgiving, Iliamna and Kenai observe the festival of faith. The apostle and martyr Juvenaly is glorified, and Peter the Aleut





By prayer thou didst receive Christ as thy Master on the path of humility; and in thy heart the Holy Spirit witnessed unto thy salvation. For this cause all people called to live in hope are now rejoicing and celebrating thy memory. O holy Father Silouan, pray to Christ to save our souls.

• KONTAKION OF THE RESURRECTION. Tone Seven:

The dominion of death can no longer hold men captive, for Christ descended, shattering and destroying its powers. Hades is bound, while the prophets rejoice and cry: the Savior has come to them that have faith. Enter, ye faithful, into the Resurrection.

ACTIVITIES & EVENTS THIS WEEK

• Saturday, Sept. 23: 9 AM, Divine Liturgy - Conception of St. John

4 PM, Children's Choir Rehearsal 5 PM, Great Vespers/Confessions

• Sunday, Sept. 24: 9 AM, Confessions

9:30 AM, Receiving Maiah Lucas as a catechumen

10 AM, Divine Liturgy Noon, Agape Meal

• Wednesday, Sept. 27: 6 PM, Vespers

• Thursday, Sept. 28: 12 Noon, Senior Lunch

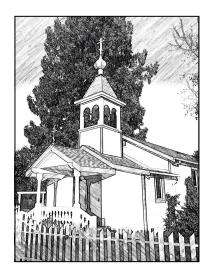
7 PM, Parish Council Meeting

• WELCOME:

We welcome our guests today, and invite you to lunch in the parish hall following the Divine Liturgy. —Fr. Lawrence

• NEW CATECHUMEN:

Last Sunday we had the joy of bringing Cathy Moyer into the ranks of the Catechumens. This Sunday at 9:30 AM we will make Maiah Lucas a catechumen. Maiah is a lovely young woman who has been attending Vespers and Liturgy with Alla and Andrew for about a year. We welcome her and Cathy, and ask that God strengthen them in their prayers, study and worship. Keep all of our dear catechumens in your daily prayers.



• PROTECTION OF THE VIRGIN - OCTOBER 1:

The holy day which gives our Parish its name, the *Protection of the Virgin*, is celebrated on October 1. The festivities for this holy day begin with a Vigil on Saturday evening at 5 PM—and I encourage *all* of the parishioners to come to at least *some* of the Vigil (the Gospel reading and anointing will take place at approximately 6:15 PM).

Thanks to the generosity of Reader Nectarios from Hawaii, the *Myrrh-streaming Iveron Icon of the Mother of God from Hawaii* will arrive on Sunday morning before the Liturgy, about 9:45 AM, after which we will greet His Eminence, Archbishop Benjamin (at 10 AM).

After the Divine Liturgy we will have a Cross Procession, followed by a prayer to dedicate the Parish Hall to the *Holy Archangels Michael and Gabriel*. All are invited to the festive luncheon.

• HELP US PREPARE FOR OUR PARISH FEAST:

You can help prepare for our feast day by: assisting with set-up and decoration of the Parish Hall; polishing candle-stands in St Seraphim church; assisting with floral decorations on Saturday, Sept. 30; helping tidy up after the Vigil on Saturday (close windows, extinguish lamps, vacuum, etc.); make an offering of wine (a case from the monastery in Calistoga would be most appropriate); bring olive oil for the lamps; volunteer for the Procession, etc. —Fr. Lawrence

• ANGELS UNAWARES - OCTOBER 5:

The Nomadic Shelter program has been renamed "Angels Unawares," which references the verse in Hebrews 13: Let brotherly love continue. Be not forgetful to entertain strangers: for thereby some have entertained angels unawares. Remember them that are in bonds, as bound with them; and them who suffer adversity, as being yourselves also in the body. "Angels Unawares" is a program in which the Redwood Gospel Mission of Santa Rosa has partnered with thirty local church communities—each taking one night a month for the next four months—to provide a safe place for prescreened homeless folks (many of them women and children) to be brought to the church by the Mission for the night. Arrival is expected about 6 PM, departure about 6:30 AM. Michael and Rachel Dovey are the coordinators for the program this year. Volunteers are needed for the October 5, the first event of the Fall.

• THEOLOGY OF THE BODY—RESCHEDULE:

Our final session on the book *Theology of the Body* will take place on Wednesday, October 4 at 6:30 PM, after Vespers. We will have the usual potluck (it will be a Wednesday, so plan accordingly), followed by the talk. In November, Fr. Edward Henderson, from St. John the Baptist Orthodox Church in Berkeley, will present two talks on the fascinating history and traditions of Russian Orthodox of the Old Rite, in other words, the "Old Believers."

• HONORING THE SAINTS:

The Saint Seraphim Church School warmly invites you to our 3rd Annual *Honoring the Saints* party in the Parish Hall on Sunday, October 29 at 5 PM. We will provide dinner and crafts, and children (of all ages!) are asked to come dressed as a saint. This event has been a wonderful opportunity to develop greater understanding and knowledge of the lives of the saints while, we hope, deepening our reverence for them. For those who wish to participate, we suggest the following:

- Select a saint (patron saint or another) soon!
- Read their stories over and over until you can talk easily about their lives.
- Collect items for a costume that represent the time period and place where the saint lived. Find an icon to help with this.
- Consider props that might also suit, i.e. a cross for a martyr, a pen for a Gospel writer, an obedient animal friend (such as St. Seraphim's bear or St. Gerasim's lion), a staff for a bishop, or sword for a warrior saint.
- Prepare and practice a short (1–3 min) presentation to give during the Guessing Game. Remember to keep the identity of your saint a secret.

After each participant presents the story, the audience makes guesses as to the saint you have chosen. This year, we are asking that only children over age 5 present their saints to the group. Younger children are encouraged to dress up and know their saint's story, but they do not need to keep it a secret! If you would like to volunteer, please see Gloria Collins, Sarah Hamner, or Fr. Lawrence. We are looking for six soup-makers, four salad-makers, and six craft volunteers, plus setup and clean-up crews. Thank you! —Sarah Hamner

• PRAYER FOR THOSE IN PUERTO RICO, MEXICO AND ELSEWHERE:

O Lord our God, provide shelter to those whose homes are destroyed in hurricane and earthquake, and cover them with the shadow of Thy wings. Refresh the hopes of the downtrodden, and guard from despair those who have lost loved ones, and whose earthly possessions have vanished in an untimely manner before the Judgment Day. Heal those who are injured, give rest in Thy Kingdom to those who have perished; steady the hearts of the grieving; encourage the fainthearted; and illumine with the light of Thy Gospel those who are mourning in darkness and without our hope in Christ. Bring good out of tragedy. We have sinned against the earth Thou didst fashion, O Lord, and we have not been the good stewards Thou didst create us to be. Yet have mercy on us, for Thou art a merciful God, and we beg Thee, still the destructive forces of nature, lest they carry out a sentence upon us. Hear us, O God our Savior, the Hope of all the ends of the earth and those who are far off upon the sea; and be gracious, be gracious, O Master, upon our sins, and have mercy on us. For Thou art a merciful God and lovest mankind, and unto Thee we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

• CONFESSIONS—A REMINDER FROM THE RECTOR:

I commend the parish members for coming to the Holy Mystery of Confession so earnestly and so frequently. To the worldy mind, frequent confession would be a sign of either neurosis or excessive sins. For the spiritually-minded,

confession comes from watchfulness and examination of the heart, mind, words, motives and deeds, and leads to a holy life which reflects the glory of God in the "face of Christ."

Those who receive Holy Communion frequently should confess at least once per month. We remember that confession is a gift and privilege from the Lord ("whosoever sins you remit, they are remitted unto them..." (John 20:23) not an obligation. I also remind you that the *time for Confessions on Sunday mornings is very limited*, and because of that I encourage you to come at other times:

- Tuesday–Friday, from Noon until whenever by appointment
- Wednesday and Saturday, 4 PM until Vespers, and after Vespers
- Sunday, 9-9:50 AM
- ST. NICHOLAS CHURCH INTERNATIONAL FOOD AND MUSIC FESTIVAL:

Saturday, October 7, 10:30 AM-3 PM. Slavic foods, live music with the "Nikolai Ensemble" and a choral concert at 2:15 PM. Vespers at 4 PM. Location: St. Nicholas Orthodox Church, 102 Ross Avenue, San Anselmo, CA. 94960. Call 415-454-0982 for more information.

HOLY MYSTERIES:

We look forward to the Marriage of Abe Soudah and Ghada Simoun (a couple from the All Saints Antiochian Mission parish), Sunday, October 1 at 2:30 PM. We also eagerly await the Marriage of Emmelia Lewis and Joseph Anderson, Sunday, October 8 at 3 PM.



St. Seraphim Orthodox Cathedral invites you to a retreat. . .

Philotimo as Sacramental to

Marriage

The primary purpose of marriage, the proper mindset, and the right disposition to have in our marriage.

Guest Speaker: Rev. Timothy Pavlatos, M.Div., M.S., LMFT

Director of Family Wellness Ministry of the Greek Orthodox Metropolis of San Francisco



Fellow in the American Association of Pastoral Counselors, Fr. Timothy is also a national certified counselor, a Clinical Fellow in the American Association of Marriage and Family Therapists, a certified Prepare/Enrich facilitator, a certified Gottman facilitator, and a certified clinical trauma professional.

Over the past several years, Fr. Timothy has focused on marriage and parenting enrichment, interpersonal neurobiology and trauma. He and Presvytera Victoria have been married since 1995 and are raising their nine children.

Suggested donation \$25 Register by October 7

Contact the Parish Office with questions or to register.

protectionoffice@sbcglobal.net 707.584.9491

Protection of the Holy Virgin Parish St. Seraphim Orthodox Cathedral

> 90 Mountain View Ave. Santa Rosa, CA 95407

Saturday, October 14, 2017

Check-in: 9am-9:30am Presentation: 9:45am-3:30pm

Lunch will be included.

707.301.7171	
Detach here and mail with your payment.	
Name:	Email:
Address:City:	Zip:Phone:
Number of Tickets: Amount:	Method of Payment: Check Credit/Debit
Card #:	Card Exp: / Security Code:

Register online at www.saintseraphim.com or write check to St. Seraphim Orthodox Cathedral and mail it with registration form to: 90 Mountain View Ave., Santa Rosa, CA 95407