

Ensemble were Daniel Alva, Maria Armstrong, John Burns, Nicolas Custer, Ruth Greenfield, Ole Kern, Juliana Kohl, Lia Kohl, Macrina Lewis, Alexander Margitich, Justin Margitich, Tom Pellizzer, Genevieve Richardson, Fr. Lawrence Margitich. Those who would like to hear samples of the pieces online may go to the following

<https://store.cdbaby.com/cd/cherubikal>

- PIROSHKI:

Orders are due on Sunday, September 16. Order forms are in the Narthex. Preparation of Piroshki begins on Wednesday. See Bobbi Griovski for the full schedule.

- READER JOHN AND JEANINE:

We expect our intern and his wife to arrive on Saturday, September 29, just in time for the Feast of the Protection of the Virgin on October 1. God willing, Archbishop Benjamin will ordain John (aka JJ) to the Holy Diaconate in Kirkland, WA., at St. Catherine Orthodox Church (where he came into the Church) in mid-October. One might wonder why he will come to us and then go back north. The back-and-forth was unavoidable, and for good reason.

- FROM FR. ALEXANDER SCHMEMANN:

Contrary to our secular experience of time, the liturgical day begins with Vespers, i.e., in the evening. This is, of course, the reminiscence of the biblical “and the evening and the morning were the first day” (Gn. 1:5). Yet it is more than a reminiscence. For it is, indeed, the end of each “unit” of time that reveals its pattern and meaning, that gives to time its reality.... But the vesperal service does not begin as a religious “epilogue” of the day, as a prayer added to all its other experience. It begins at the beginning, and this means in the “rediscovery,” in adoration and thanksgiving, of the world as God’s creation. The Church takes us, as it were, to that first evening on which man, called by God to life, opened his eyes and saw what God in His love was giving to him, saw all the beauty, all the glory of the temple in which he was standing, and rendered thanks to God. And in this thanksgiving he became himself. —*quote from the book “For the Life of the World”*

- CAMP GLENDI:

Many thanks to Vicky Basch and Garret Hamner and those who helped put *Camp Glendi* together.

# ST. SERAPHIM CATHEDRAL

## PROTECTION OF THE HOLY VIRGIN ORTHODOX CHURCH



## September 16, 2018

### Post-Feast of the Exaltation of the Cross



- TROPARION OF THE RESURRECTION, Tone Seven:

By Thy Cross Thou didst destroy death; to the thief, Thou didst open Paradise. For the Myrrh-bearers, Thou didst change weeping into joy, and Thou didst command Thy Disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy.

- TROPARION OF THE CROSS, Tone One:

O Lord, save Thy people, and bless Thine inheritance. Grant victories to the Orthodox Christians over their adversaries; and by virtue of Thy Cross, preserve Thy habitation.

- KONTAKION OF THE CROSS, Tone Four:

O Thou Who wast lifted up of Thine own will on the Cross, bestow Thy mercies upon the new nation that bears Thy name; make all Orthodox Christians glad in Thy strength, granting them victories over their enemies, by bestowing on them the invincible trophy, Thy weapon of peace.

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## ACTIVITIES & EVENTS THIS WEEK

- Saturday, Sept. 15: Camp Glendi  
**4 PM, Great Vespers — Note time change**
- Sunday, Sept. 16: 8:40 AM, Matins (*no confessions this Sunday*)  
10 AM, Divine Liturgy  
11:45 AM, Church School  
Noon, Agape Meal  
2:30 PM, Concert—*Carmina Chromatica*
- Wednesday, Sept. 19: Piroshki Prep Wednesday–Saturday  
6 PM, Vespers, Potluck and Reading of the book *For the Life of the World*
- Thursday September 20: 6 PM, Going-Away Party for Deacon Jeremiah and Matushka Catherine Crawford, Owens home

### • THIS SUNDAY:

Fr. John and Matushka Xenia are still on vacation (they had to leave North Carolina and head to Florida to escape the hurricane), and Fr. Nicholas will be filling in at Sts. Peter and Paul. Because I will be the only serving priest on Sunday, and unavailable to hear Confessions before the Liturgy, I encourage you to Vespers on Saturday (confessions heard before, during and after the service). —*Fr. Lawrence*

### • MATTHEW 16:24:

...the first duty of a Christian, of a disciple and follower of Jesus Christ, is to deny oneself. To deny oneself means: to give up one's bad habits, to root out of the heart all that ties us to the world; not to cherish bad desires and thoughts; to quench and suppress bad thoughts; to avoid occasions of sin; not to do or desire anything from self-love, but to do everything out of love for God. To deny oneself means, according to the Apostle Paul, to be dead to sin and the world, but alive to God. —*St. Innocent of Alaska*

### • DENYING ONESELF...CONTINUED:

No man, the Lord replied, "having put his hand to the plough, and looking back, is fit for the kingdom of God." (Luke 9:62). It is evident that a man bound to temporal life cannot successfully follow Christ from the fact that the apostles who, even after such a long time nurtured by His teaching, and after so many miracles performed not only by Him, but also by themselves

through His grace, turned from following Him to flight, when they encountered life's dangers on His path. That he who is bound to the good things of temporal life is not capable of following Christ is shown by the sorrowful experience presented by the youth in the Gospel. Although he wished to set out on the path to eternal life, and was called by Christ Himself to follow Him, he did not follow Him, but went away sorrowful: for he had great possessions (Matt. 19:22), and did not wish to part with them. Finally, one who is bound to the body and its pleasures is obviously a poor follower of Christ, since—being pampered, burdened and paralyzed by them—he finds it difficult to ascend the mountain of the Lord; he would more eagerly turn back at the base of the mountain or doze among the flowers, and he is not far from plunging into the mire of unclean passions and lusts. Briefly put, since everything that exists within a son of Adam—as long as it has not been cleansed, or better, been newly created by Christ—is usually subject to passionate employment, he who wishes to be a true and faithful follower of Christ must forsake everything that he has appropriated to himself and that he loves, not in relation to its use, but in relation to his attachment to it. All this the Lord condensed in saying, "Let him deny himself." —*St. Philaret, Metropolitan of Moscow, from a sermon dated 1835*

### • CONCERT SUNDAY:

The vocal ensemble, *Carmina Chromatica*, conducted by Nicolas Custer, will sing a concert for us in St. Seraphim Cathedral at 2:30 PM. This free performance will consist of a series of Renaissance choral motets for Holy Week and the Resurrection.

### • PARISH FEAST: PROTECTION OF THE VIRGIN, Monday, October 1:

On October 1 we celebrate our Parish Feast Day, *The Protection of the Holy Virgin*. Our parish is named for this Feast and so we celebrate the day with a special solemnity and joy. This year neither of our bishops are able to be with us. **Vigil will be served on Sunday afternoon, September 30, at 5 PM (Vespers, Matins), and the Divine Liturgy at 9:30 AM, on Monday, October 1.** A festive meal will follow.

### • NEW CD:

The newly-produced recording, *The Light of Evening: Hymns of Vespers* by *Ensemble Cherubika* is now available in our Bookstore. The recording was done in St. Seraphim Cathedral by the *Ensemble* about eleven years ago, while recording the CD of Cherubic Hymns (out of print). Members of the