reverently, carefully, and completely. Make sure that crumbs do not fall to the floor. If crumbs do fall, pick them up and consume them. Set an example to teach your children. Many parishes offer *Antidoron* at two different times: immediately following Communion and at the veneration of the hand Cross at the end of the service. —*Borrowed*

• THE OPPOSITE OF THE APOSTLES' FAST:

An American televangelist is appealing for donations to fund the purchase of a \$54 million business jet, saying that if Jesus was still preaching he "wouldn't be riding a donkey." Jesse Duplantis, 68, whose Christian ministry is based in Louisiana, made the appeal for a Dassault Falcon 7X jet in a video for his followers....Duplantis said he needs the jet "so we can go anywhere in the world one stop" and he recounted a conversation he said he had with God about needing the plane. "He said [the "He" supposedly being God], Jesse, you wanna come up where I'm at?"" Duplantis said. "And I said, 'What do you mean?' He said, 'I want you to believe in me for a Falcon 7X,"" Duplantis said. "I can't live long enough to travel by car, or by ship, or by train, but I can do it by an airplane," he said.

• GODLY ACTION:

We do not think about how to change the world with our own powers. We strive to receive strength from God in order to act at all times with love.

—Elder Sophrony (Sakarov), reposed 1993

• YOUR OFFERINGS TO THE LORD:

Stewardship is not just about money, or dues, or fund-raising. Stewardship is about making choices, as individuals and in a community. It's about being faithful disciples who care for all God has given us: the commitment of time, talent and treasure. God gives, and if we are to be like Him, we also give. Our financial resources are blessings from God, and we give in thanks to Him. How we manage those finances can help us escape the trap of anxiety (and often selfishness and idolatry of money). Failing to manage those resources finds us anxious and distracted when it comes to our faith. Giving to the Church is not a form of charity. By no means; for God does not need our money, nor our time nor our talents. He has all things, and providentially uses them for the good of His People. Indeed, the Church is God's charity toward us—therefore we joyfully, responsibly and honestly give out of gratitude to Him, understanding that He brings us into His Divine plans for our benefit and to serve others. —Fr. Lawrence

ST. SERAPHIM CATHEDRAL

Protection of the Holy Virgin Orthodox Church



June 3, 2018Sunday of All Saints



• TROPARION OF ALL SAINTS, Tone Four:

Adorned in the blood of Thy Martyrs throughout all the world as in purple and fine linen, Thy Church, through them, doth cry unto Thee, O Christ God: Send down Thy compassion upon Thy people; grant peace to Thy church, and great mercy to our souls.

• KONTAKION OF ALL SAINTS, Tone Eight:

To Thee, the Planter of creation, the world doth offer the God-bearing martyrs as the first-fruits of nature. By their supplications and through the Theotokos, preserve Thy Church in profound peace, O Greatly Merciful One.

ACTIVITIES & EVENTS THIS WEEK

• Saturday, June 2:

4 PM, Children's Choir Rehearsal

4:30 PM, Panikhida for Sakovich Family

5 PM, Great Vespers, Confessions

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• Sunday, June 3: 9 AM, Baptism of Luke Rademacher

10 AM, Divine Liturgy (responses to be chanted by

the Children's Choir)

Noon, Agape Meal

• Monday, June 4: Beginning of the Peter & Paul Fast. Abstinence from meat,

meat products, dairy and eggs

• Wed., June 6: 6 PM, Vespers, Potluck and Talk on the Holy

Trinity by Andrew Vernon

MANY YFARS:

We congratulate Brian and Ania Rademacher on the baptism of their son, Luke. Many years to Shannon Winterton and Garret Paul Hamner, who are the Godparents.

• THE APOSTLES' FAST — JUNE 4-29:

The Apostles' Fast—which begins the day after All Saints—is the oldest fast and the first one kept by the Christian Church. The Book of Acts records that the Holy Spirit spoke to Apostles: "As they ministered to the Lord and fasted the Holy Spirit said: 'Separate me Barnabas and Saul for the work whereunto I have called them.' And when they fasted and prayed and laid their hands on them, they sent them away" (Acts 13:2-3). The Apostles' Fast continues until the *Feast of the Holy Apostles Peter and Paul* on June 29. The rule for this variable-length fast is more lenient than for Great Lent. On all days we abstain from meat, dairy and eggs. Certain days (the calendar will indicate which) we may have fish, wine and oil.

• FATHER PETER FERMIGLIA:

Archbishop Benjamin is sending us pastoral help for the summer months: Father Peter Fermiglia, one of the priests assigned to Holy Trinity Cathedral in San Francisco, will be joining us on Sundays for the next few months in order to help with the various pastoral needs. During the Agape Meal I will ask Fr. Peter to tell us something about himself. Please welcome him. —Fr. Lawrence

• WEDNESDAY EVENING TALKS:

Andrew Vernon, a theology student with Bishop Irenei (Steenburg) and a parish member of St. Nicholas in Anselmo, will give two talks on the Orthodox doctrine of the Holy Trinity, Wednesdays, June 6 and 13. The talks are preceded by the 6 PM Vespers and a potluck.

• SAINT SERAPHIM WEEK FOR KIDS:

Monday–Friday, 10 AM–1 PM, **June 11–15.** Prayer, singing, crafts, games, snacks. For more information, contact Gloria Collins at 849-6135 or gypsybootsie@sonic.net. Registration continues after Liturgy.

• THANKS:

Our thanks go out to those who decorated the church so magnificently for the feast of Pentecost last Sunday. "O Lord, bless those who love the beauty of Thy House."

YOUTH TRIP TO ST. TIKHON'S HOUSE:

Please join St. Seraphim Youth on a trip to San Francisco to the office and relics of Saint John Maximovich on Tuesday, June 26th. Father James Corazzo will meet us at the church of St. Tikhon of Zadonsk at 11 AM. Afterwards, we will have lunch in the city. We have invited other Orthodox churches from our area as well. We are hoping this will give our youth in the North Bay area the opportunity to get to know each other. We hope you can join us. Please keep in mind we are trying to keep this a "youth" activity. This means we are organizing this trip for kids who are 11-18 years of age. More details to follow. Let us know if you can come!! Speak with or email Vicky Basch: vbasch@sonic.net or (707) 291-2369.

• JULY 4TH PILGRIMAGETO FORT ROSS:

As always, there will be a Divine Liturgy at the Fort Ross chapel on July 4, 10 AM. His Eminence, Archbishop Benjamin, will preside at the service. Pack a picnic to enjoy after the Divine Liturgy.

• HOLY BREAD

Antidoron (from Greek, meaning "instead of the gifts") is the bread remaining after the Lamb, to become the Eucharistic bread, has been removed from the large loaf. Historically, Antidoron was distributed only to those who had not received "the Gifts" — meaning Holy Communion (of course, Antidoron is not Holy Communion). It is a way for those who may not be prepared to receive the Holy Mysteries to be given a blessing. In some practice, Antidoron may be distributed to non-Orthodox Christians who attend an Orthodox liturgy, but in other places, it is reserved only for the faithful. Portions that are uneaten are disposed of either by burning or by being placed outside in the garden. Remember, Antidoron is not the Body of Christ, but it is blessed and deserves our great respect. It should be received into our cupped hands and consumed