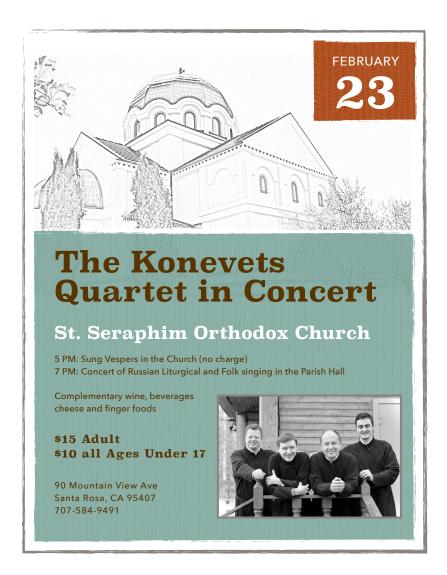
• PREPARING FOR GREAT LENT:

At Vespers next Saturday, Feb. 16, we begin to sing from the Lenten book of hymns called the *Triodion*. The hymns meditate on the parable of the Publican and Pharisee, with the themes of humility, love of neighbor, prayer and fasting. The following four Sundays have their own themes leading us to Great Lent, which we begin with Forgiveness Vespers, at 1:15 PM, on Sunday, March 10.



ST. SERAPHIM CATHEDRAL

PROTECTION OF The HOLY VIRGIN ORTHODOX COURCE



February 10, 2019

Zacchaeus Sunday & Holy Martyr Haralambos



• RESURRECTIONAL TROPARION, Tone Four:

When the women disciples of the Lord learned from the angel the joyous message of the Resurrection, they cast away the ancestral curse, and elatedly told the Apostles: death is overthrown, Christ God is risen, granting the world great mercy.

• TROPARION OF ST. HARALAMBOS, Tone Four:

An unshaken pillar of the Church of Christ God art thou, an ever-resplendent lamp, O Haralambos most wise, which shineth throughout the earth; in martyric contest thou hast shined on the whole world, and thou hast dispelled the moonless night of the idols. Now boldly intercede thou with Christ that we may all be saved.

• RESURRECTIONAL KONTAKION, Tone Four:

My Savior and Redeemer as God rose from the tomb, and delivered the earth-born from their chains. He has shattered the gates of hades, and as Master, He has risen on the third day.

• KONTAKION OF ST. HARALAMBOS, Tone Four:

Thou didst rise up in the East, a luminary that enlightened faithful men with thy bright shafts of miracles, O Haralambos; hence we revere thy godly contest, O martyr of sacred fame.

ACTIVITIES & EVENTS THIS WEEK

• Saturday, Feb. 9: 8 AM, Men's Group Breakfast in the Hall

9 AM, Work Party5 PM, Great Vespers

6:30 PM, Youth Group get-together at Basch's

• Sunday, Feb. 10: 8:30 AM, Resurrectional Matins

10 AM, Divine Liturgy 11:45 AM, Church School

Noon, Agape Meal

• Wednesday, Feb. 13: 5 PM, Redwood Empire Food Bank

6 PM, Vespers, Potluck and Talk on the

creation of man

• Thursday, Feb. 14: Noon, Senior Lunch

CONGRATULATIONS:

The members of St. Seraphim Cathedral offer congratulations to the newly-elected Parish Council Members: Debbie Buse, Theodore Dechant, Joseph Marino, Freddie Myles, Kathleen Rhodes, Daphne Russell, Karen Werder. They join those who have one more year to serve: Serge Anderson, Martin Thong, Gary Collins, Adriel Magdalene Scarborough and Alex Stameroff.

• YOUTH GROUP GET-TOGETHER:

The Basch family will host the young teenage group on Saturday after Vespers starting at 6:30 PM. There will be a house blessing, a pizza dinner, and short spiritual reflection and fellowship. Any questions, speak with Vicky Basch.

• TIME FOR GOD AND PREPARING FOR COMMUNION:

Those who regularly partake of Holy Communion prepare themselves by fasting, praying the Pre-Communion prayers and by a Confession <u>at least once per month</u>. Because the Divine Liturgy is an offering to God of *the*

Church, let us be mindful that we are each members of the Church, and so arrive at the beginning of the Liturgy. —Father Lawrence

• MEMORY ETERNAL:

We offer our prayers for the repose of the soul of the Nun Olga, a Sister from Holy Assumption Monastery in Calistoga. She reposed in the Lord on Wednesday evening. Her funeral takes place on Friday afternoon. May the Lord grant her the Kingdom of Heaven, for which she longed.

• LAWN WORK:

Work continues on the oval lawn with the digging out of intrusive crabgrass (like *logismi*), planting fruit trees and a hedge, installing a gate, a shaded sitting area and a fire-pit. Any questions, see Matushka Ann.

• GODLY BEAUTY:

Have you ever thought about the great and deep beauty that God has put into our human nature? It's there in the saints, and in many people who haven't been known as saints. Do you know when you will certainly see that beauty in yourself? You will see it when you look through the window of repentance, say the saints. "By being able to see and condemn what we are, we immediately become able to love what we shall be in God"—Cyprian of Carthage. "When by zeal for a good life you wash away the passions stuck to your heart, then godly beauty will once more shine forth in you; you will once more take on your original image and become blessed"—Gregory of Nicea. That's the point of Christianity—to be united with God (theosis) and have our souls take on the godly beauty that's natural to them. As the saints keep telling us, that's why Jesus came: "God became man that we might become gods"—St. Athanasius the Great. This takes faithful practice, they say. "For great is the power, great the reason, great the mysterious purpose of man; and if anyone shall not abandon this, nor betray his fidelity and devotedness, he must of necessity resemble God." —Lactantius

-From the book God's Path to Sanity, by Dee Pennock

OFFFRINGS BY TFXT:

A reminder that weekly offerings can be given via text message: Enter 707-701-5052 to your text message App on your cell phone, indicate an amount you want to give (for example, \$25). A prompt will open your browser and you indicate which giving category (tithes, icons, charity, etc.) you would like, enter your card info, and you're done.