

hour event. GLENDI 2013 Planning will begin in January 2013. Working committees are forming to concentrate on updating the GLENDI Heads files, and to assess Publicity, the Children's Area, Finance and Procurement. My appreciation goes out to all of you and your families in support of making 2012 the most rewarding GLENDI ever! No need to RSVP for the Reception and Discussion – just come! Contact Esther Schau, 799-6077; eschau@comcast.net

• HARVEST:

Gabriel Griovski has arranged for our grapes to be harvested this Sunday, starting at 7 AM. You are invited to participate in the crush after the Divine Liturgy.

Sunday • October 28 • 5 pm • \$5
 In our New Parish Hall, an evening of

MUSIC & POETRY

A line-up of talented parishioners will take to the limelight and entertain us with their professional performance skills...



PASTA & POTLUCK DINNER
 Salad, spaghetti and bread provided.
 You bring drinks, side dishes, dessert.
 Reservations required

We'll sample some of our own Parish Wine!
 Feast or Fast, all are invited to enjoy the entertainment and to join in the laughter and applause.

Dinner Reservations: VLADIMIR, 479-9437, ursusmjr@sonic.net
 SAINT SERAPHIM OF SAROV ORTHODOX CHURCH, SANTA ROSA

ANNOUNCEMENTS

Sunday ~ October 21, 2012

• TROPARION OF THE RESURRECTION, Tone Three:

Let the heavens rejoice, let the earth be glad; for the Lord hath shown strength with His arm; He hath trampled down death by death; He hath become the first-born of the dead. He hath delivered us from the depths of hades, and hath granted the world great mercy.

• KONTAKION OF THE RESURRECTION, Tone Three:

On this day Thou didst rise from the tomb, O Merciful One, leading us from the gates of death. On this day Adam exults as Eve rejoices; with the prophets and patriarchs they unceasingly praise the divine majesty of Thy power.

ACTIVITIES & EVENTS THIS WEEK

- Saturday, Oct. 20: 9 AM, Memorial Divine Liturgy
5 PM, Great Vespers / Confessions
- Sunday, Oct. 21: 9–10 AM, Confessions, 10 AM, Divine Liturgy
11:45 AM, Church School
Noon, Agape Lunch
- Tuesday, Oct. 23: 7 PM, Study Group in Rohnert Park
- Wed., Oct. 24: 5 PM, Catechism
6 PM, Vespers
- Thurs., Oct 25: 6 PM, Vespers for Great Martyr Demetrios
7 PM, Parish Council Meeting
- Friday, Oct. 26: 9 AM, Divine Liturgy for St. Demetrios

• TUESDAY NIGHT STUDY GROUP:

Deacon Nicholas Carr will start off the new semester of the Rohnert Park Study group with a talk on Prophecies and the New Testament, or restated,

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the Old Testament and Jesus Christ (broadly speaking). The talk begins at 7 PM and meets at 1354 Oak View Circle, #327, Rohnert Park, CA. For more information call Debi Shrimplin at (707) 536-9112.

- CHURCH ETIQUETTE — A REMINDER:

It seems a small thing, yet in reality, how we dress in church is not insignificant. Men and boys should wear nice slacks and a nice shirt—without logos and branding. Woman should wear a dress or skirt. In the Orthodox Church, only clergy, monastics and women may wear a head-covering in Church—it is indeed an honorable and pious tradition of long standing (almost all religions in the world use the head-covering as a beneficial vestment and aid to prayer). **We also ask that our women not wear lipstick if they are going to partake of Holy Communion.**

Residue of lipstick adheres to the Communion spoon, which is most unpleasant.

- ON MARRIAGE:

...man is made in the Image of the Most-holy Trinity, created for love and union, for relationships. Except in certain special cases (such as being a hermit, for example), we are not intended by God to live alone, but in a family situation (and it should be noted that the exalted and holy state of monasticism provides this). Just as God made Adam and Eve—male and female, complementary, each a helper *fit, equal and appropriate to the other*—to be fruitful and multiply, so too the Church not only blesses the union of a man and a woman, but sanctifies and transforms that union in the Marriage service. That Holy Matrimony has divine sanction from the creation to be part of the original Paradise comes no less from the words of the Lord Himself, Who says: “Have you not read that He Who made them from the beginning made them male and female, and said, ‘For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh?’ (Gen. 2:24) So they are no longer two but one flesh. What therefore God has joined together, let not man put asunder” (Matt. 19:5-6). The Holy Apostle Paul sees this mystical union of husband and wife as reflecting the mystical, intimate, sacrificial, and total union of Christ with His Church. He writes: “Wives, be subject to your husbands, as to the Lord. For the husband is the head of the wife as Christ is the head of the Church, His body... Husbands, love your wives, **as Christ loved the Church and gave Himself up for her**... to be “the head” is not about being superior or authoritative or subjecting one’s wife to himself—it is to be in the image

of Christ, who “gave himself up.” It is a responsibility of sacrifice and a martyrdom of giving. “Even so husbands should love their wives as their own bodies. He who loves his wife loves himself. For no man ever hates his own flesh, but nourishes and cherishes it, as Christ does the Church, because we are members of His body.... This is a great mystery, and I am saying that it refers to Christ and the Church.” (Eph. 5:22-25, 28-30, 32). —*Fr. Lawrence, adapted*

- SURVEY:

At the Sunday lunch on October 21st, after the Divine Liturgy, Gary Chow, representing the American Cancer Society, will present to us a major project being undertaken by the ACS in an attempt to learn more about the causes of various kinds of cancer. The hope is to have 300,000 people take part in a massive survey. Participants must be between the ages of 30–65, who’ve never been diagnosed with cancer. They will be asked to fill out an anonymous survey and give a small sample of blood to be stored for the twenty-year duration of the study. Every two years they will be asked to answer some additional questions via mailed questionnaire to update their information. It is hoped that the data gathered will help analysts learn more about the causes of various types of cancer. However, there are a couple of things I should mention: First, I learned about all of this because Gary Chow is my brother-in-law (full disclosure). He gave Karen away at our recent wedding, and some of you may have met him there. When he first told me about the survey, it struck me that this could be a way for us (as Christian people) to do something to help others, and without even a cash outlay. Second, Fr. Lawrence was interested in the idea when I described it to him. However, we both want to make it clear that this is something for individuals to participate in if they wish to do so. It has nothing to do with our parish as such, and no one with reservations about the project should feel any pressure to take part in it. There are a lot of ways out there to do things for others, and this is only one, so I hope everyone will listen to Gary, and then decide whether or not this idea appeals to you. —*Sincerely, Paul Burch*

- GLENDI WRAP UP RECEPTION AND DISCUSSION:

Thanks to all for your GLENDI Survey comments. They will become very useful when GLENDI 2013 planning begins. A *Thank you Reception* featuring wine, cheese and desserts is scheduled for Tuesday, October 30th from 6–8 PM in the church hall. The reception will begin at 6 PM and the discussion at 7 PM. Feel free to arrive anytime that is convenient for you during the 2